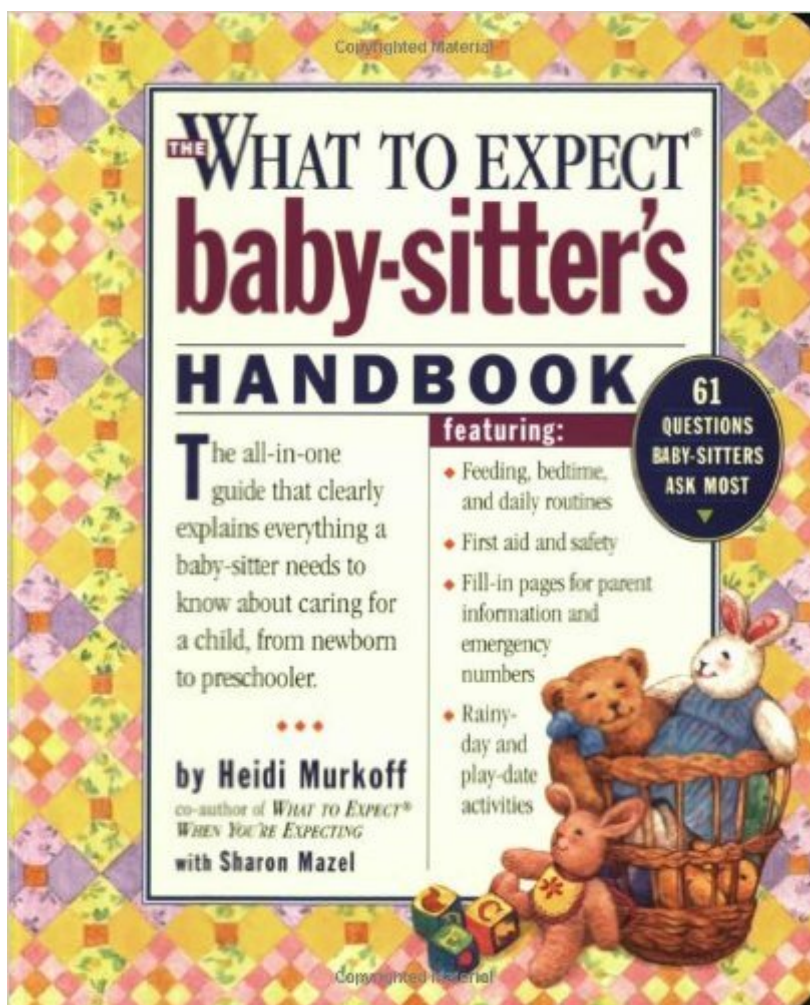


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# What To Expect Baby-Sitter's Handbook



## Synopsis

When you put your baby in the hands of a sitter, you want to put your sitter in the hands of an expert. Certainly no hands are better qualified than those of Heidi Murkoff, author of *What to Expect When You're Expecting* and other bestselling childcare guides with over 37 million copies in print. Marrying the reassuring authority and trust of all the *What to Expect* books with a lively, accessible voice, this guide contains everything a caregiver needs to know when minding a child, from newborn to preschooler. A mix of text, boxes, Q&As, and lists-plus plenty of blank space for parents to write in emergency numbers, specific instructions, and personal information about a child's likes and dislikes--it's the instruction manual that should be given to every caregiver, whether full-time nanny or weekend baby-sitter. It covers advice on feeding and diet, first aid, bathing an infant, potty-training, time-outs, rainy-day activities, sibling disputes, discipline problems, comforting a child, making play dates, even how to build a happy and healthy relationship with the child's family. Plus, it includes 61 of the most common questions sitters ask, from how to make mealtimes fun to what to do if you can't bond with the baby.

## Book Information

Age Range: Baby and up

Spiral-bound: 256 pages

Publisher: Workman Publishing Company (November 29, 2003)

Language: English

ISBN-10: 076112845X

ISBN-13: 978-0761128458

Product Dimensions: 6 x 1 x 7.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars [See all reviews](#) (20 customer reviews)

Best Sellers Rank: #574,414 in Books (See Top 100 in Books) #75 in [Books > Parenting & Relationships > Babysitting, Day Care & Child Care](#) #1404 in [Books > Parenting & Relationships > Parenting > Early Childhood](#) #99854 in [Books > Children's Books](#)

## Customer Reviews

If a young adult is interested in learning the wrong way to care for neighborhood kids or younger siblings, then I highly recommend reading *SILENT TO THE BONE* or *KING OF THE MILD FRONTIER*. But if that young person would like to build a rep as a professional, safe, fun, and even educational baby-sitter, and make some bucks in the process, then *THE WHAT TO EXPECT*

BABY-SITTER'S HANDBOOK is the book for them to read. Providing practical information derived from the work of Piaget and Erikson without ever once having to mention them, this compact, well-organized guide will be equally beneficial to expectant teen parents, prospective aunts and uncles, and anyone else who is interested in the down-to-earth basics of child development and a wealth of information on keeping young kids happy, healthy, and engaged. Beginning with "The Parent Connection," and "What to Expect at Every Age," the author provides a solid chapter in the areas of "Feeding," "Playing," "Going Out," "Bathing," "Sleeping," "Behavior & Discipline," "Caring for Siblings," "Baby-Sitting Basics," and "Health & Safety." Within each of these chapters Ms. Murkoff details the particulars of the various ages and stages. She concludes the book with "Our Children, Our Home: A Fill-In Section for Parents," which allows space for parents to list particulars about their preferences and their child's likes. For instance, in the "playing with" pages, there are lines for favorite games, books, and songs, as well as television shows and videos that are permissible for the child to watch, and play date guidelines.

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